

☙ Credit card surcharge applies. No Surcharge when paying in cash. ☙

Baguette or Ciabatta Sandwiches

Whole Sandwich (served cold) or Combo: half sandwich with a garden salad, cup of soup, or diced potatoes	
Paris butter, ham, and Swiss cheese	\$12.50
Bayonne butter, prosciutto, and cornichons	\$13.50
Le Mans duck mousse paté and cornichons	\$13.95
Avignon tomato, mozzarella, olive oil, and basil ☙	\$13.95
Brest chicken, tomato, hard boiled egg, mayonnaise, onion, and romaine	\$14.75
Poitou turkey, tomato, mayonnaise, and romaine	\$14.75
Versailles ham, tomato, hard boiled egg, mayonnaise, and romaine	\$14.75
Marseille tuna salad, tomato, onion, and romaine	\$14.75
Monte Carlo prosciutto, tomato, mozzarella, olive oil, and basil	\$15.95
Biarritz smoked salmon, tomato, olive oil, basil, and romaine	\$18.95
Normand butter, Brie, Swiss cheese, and prosciutto	\$16.95
St. Malo bacon, tomato, romaine, mayonnaise, and Swiss cheese	\$16.95
Saint-Etienne Dijon mustard, mayonnaise, ham, turkey, pastrami, tomato, and romaine	\$16.95
Cassis mayo, fresh spinach, tomato, avocado, hard boiled egg, and goat cheese ☙	\$16.95

Croissant Sandwiches

served cold, with Choice of Side: garden salad, cup of soup, or diced potatoes	
Sacré Cœur smoked salmon, cream cheese, cucumber, basil, and olive oil	\$18.95
Bastille butter, ham, and cheese	\$14.50
Louvre tuna salad and tomato	\$15.75
Notre Dame mayonnaise, turkey, romaine, and tomato	\$15.75
Tour Eiffel tomato, mozzarella, and pesto ☙	\$15.75
Trocadéro olive tapenade, roasted bell pepper, and goat cheese ☙	\$15.75
Arc du Triomphe curry-mayo chicken, tomato, raisins, and romaine	\$15.75

Toasted Panini Sandwiches

Choice of Side: garden salad, cup of soup, or diced potatoes	
St. Germain ham and Swiss cheese	\$15.75
Nice tomato, mozzarella, prosciutto, and pesto	\$17.95
Cherbourg apple, Swiss Cheese, Brie cheese, and walnut ☙	\$17.95
Menton olive tapenade, goat cheese, and tomato ☙	\$18.95
Cannots eggplant, tomato, roasted bell pepper, Parmesan, and pesto ☙	\$18.95
Montpellier chicken, tomato, bacon, Parmesan, and pesto	\$18.95
Toulouse mayo, Dijon mustard, tomato, pastrami, and Swiss cheese	\$18.95
Auvergnat Swiss cheese, blue cheese, Brie, and prosciutto	\$18.95

Tartines open-faced sandwich on country bread

Choice of Side: garden salad, cup of soup, or diced potatoes	
Picasso mozzarella, tomato, pesto, and prosciutto	\$17.50
Gauguin smoked salmon, cream cheese, capers, cucumber, basil, and olive oil	\$18.50
Cézanne tuna salad, avocado, tomato, and cilantro	\$18.50
Monet olive tapenade, eggplant, roasted bell pepper, tomato, goat cheese, and pesto ☙	\$18.50
Claudel Swiss cheese scrambled eggs, roasted bell pepper, bacon, and topped with cilantro	\$16.50
Dali curry-mayo chicken, apple, tomato, raisins, and fresh spinach	\$16.50

☙ = Gluten Free / ☙ = Vegetarian

The consumption of raw or under cooked food and shellfish may increase the risk of food-borne illness and may be harmful to your health. Please note: gratuity is not included in our prices.



Breakfast • Lunch Sunday Brunch

Dinner Brasserie-Style, ask for our special dinner menu

C'est La Vie!™



Authentic French Bakery & Café

☙

C'est La Vie

Downtown Sarasota 1553 Main Street, Sarasota, FL 34236
941.906.9575

Lakewood Ranch 9118 Town Center Parkway,
Lakewood Ranch, FL 34202
941.961.0111
cestlaviesarasota.com

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Keeping it Fresh! Procuring products locally, whenever possible, C'est La Vie is committed to supporting local businesses, family farms, and the community to offer our clients a better tasting product. In addition, all pastries and breads are authentic French recipes, house-made, daily, from our own bakery.



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Salads served with an authentic French balsamic vinaigrette and housemade bread

Caesar ☙	\$12.50
chicken add 46%, prosciutto add 57%, smoked salmon add 510%	
Alize ☙/☙	\$16.95
goat cheese, fresh spinach, strawberries, and almonds	
Parisienne ☙	\$15.95
tomato, Swiss cheese, ham, hard boiled egg, and romaine	
Setoise ☙	\$17.95
albacore tuna, avocado, kalamata olives, hearts of palm, goat cheese, romaine, and tomato	
Automme ☙/☙	\$15.95
apple, walnuts, raisins, Parmesan, and romaine	
Nicoise ☙	\$17.95
albacore tuna, tomato, potato, onion, hard boiled egg, kalamata olives, anchovies, and romaine	
Aoste ☙	\$17.95
tomato, mozzarella, hearts of palm, prosciutto, basil, olive oil, kalamata olives, and romaine	
C'est la Vie ☙	\$18.95
prosciutto, chicken, pastrami, tomato, hearts of palm, kalamata olives, romaine, and mushrooms	
Lyonnaise ☙	\$17.95
bacon, grilled oysters, fried potatoes, Parmesan, poached egg, and romaine	
Briarde ☙	\$17.95
Brie on toast, apple, walnuts, bacon, tomato, and romaine	
Nordique Shareable	\$23.95
smoked salmon on toast, tuna salad, cream cheese, capers, tomato, and romaine	
Maltaise ☙	\$17.95
grilled chicken, tomato, cucumber, feta cheese, onion, kalamata olives, and romaine	
Exotique ☙	\$16.95
curry-mayo chicken, pineapple, apple, tomato, raisins, and romaine	
Amandine ☙/☙	\$17.95
goat cheese coated with almonds and nuts then quickly fried, tomato, raisins, and romaine	
Méditerranéenne ☙/☙	\$18.50
avocado, tomato, blue cheese, corn, hearts of palm, onion, kalamata olives, sunflower seeds, and romaine	
Soup ☙ of the day, bowl or cup with house-made bread, ask your waiter	\$6.50 / \$8.95
Sides	
Ham, Sausage, Bacon, Chicken, or Turkey	\$6.95
Side Salad or Tomatoes	\$6.95
Side Potatoes or Swiss Cheese	\$6.95
Side Avocado	\$6.95
Side Prosciutto or Pastrami	\$7.95
Side Brie, Goat Cheese, Feta, or Blue Cheese	\$7.95
Side Smoked Salmon	\$10.95
Side of Duck Mousse Paté	\$10.95
Side Two Eggs Any Style	\$6.95
Side Tuna Salad	\$7.95

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Petits Déjeuners Spéciaux until 2pm

Includes a regular hot coffee or tea/soft drink (substitution available for an additional charge)

<i>Le Petit Déjeuner</i>	\$7.95
French baguette, butter, and assorted jams	
<i>Croissant French Toast</i>	\$14.95
served with bananas and strawberries	
<i>Breakfast in America</i> ☉	\$15.95
eggs, sausage, bacon, and potatoes	
<i>Avocado Ciabatta Breakfast Sandwich</i> ☹	\$15.95
scrambled eggs with Swiss cheese, avocado, and cilantro served with potatoes - add prosciutto, bacon, or ham \$3.30	
<i>Croissant In America</i>	\$16.95
scrambled eggs with bacon and Swiss cheese in a croissant with potatoes	

Viennoiseries

<i>Plain Butter Croissant</i>	\$4.00
<i>Chocolate Chip Roll, Raisin Roll</i>	\$5.00
<i>Apple Turnover, Apricot Croissant, Jam Beignet</i>	\$5.00
<i>Small Brioche, Palmier, Chocolate Croissant, Linzer Tart</i>	\$4.80
<i>Almond Croissant, Bread Pudding</i>	\$6.00
<i>Apple Strudel, Fruit Croissant, Cream Beignet</i>	\$6.00
<i>Brownie, Chocolate Fondant, Pistachio Cake, Coconut Rocher</i> ☉	\$6.00
<i>Berry Crumble, Apricot Crumble, Pear & Caramel Crumble</i>	\$7.00

Omelettes & Eggs ☹☹

Choice of Side: garden salad or diced potatoes. Egg-white omelettes also available for the same price.

<i>Plain Omelette or Two Eggs any style</i>	\$10.00
<i>One Ingredient</i>	\$12.25
<i>Two Ingredients</i>	\$13.50

Choice of Ingredients \$1.30 each, up to five ingredients: ham, bacon, chicken, spinach, Swiss cheese, mozzarella, blue cheese, leeks, potatoes, onions, mushrooms, bell peppers, tomatoes, feta, and sausage
Premium Additions \$2.00 each: smoked salmon, goat cheese, Brie, prosciutto, and avocado

Specialties

Choice of Side: garden salad, diced potatoes, or cup of soup

<i>Croissant au Jambon</i> add an egg for \$2.25	\$16.95
baked croissant with ham and melted Swiss cheese	
<i>Croissant Végétarien</i> ☹	\$17.95
baked croissant with goat cheese, spinach, eggplant, tomato, and roasted bell pepper	
<i>Quiche Lorraine</i>	\$17.50
bacon and Swiss cheese	
<i>Quiche Végétarienne</i> ☹	\$17.50
leek, bell pepper, onion, and Swiss cheese	
<i>Quiche Jambon et Champignons</i>	\$17.50
mushrooms, ham, and Swiss cheese	
<i>Quiche Epinard et Chèvre</i> ☹	\$17.75
Swiss cheese, goat cheese, and spinach	
<i>Assiette de Fromage Shareable</i> ☹☹☹	\$23.00
assorted cheese: Brie, Blue Cheese, Swiss Cheese, Cambo, and Goat Cheese topped with pesto, served with raspberry jam and walnuts	
<i>Assiette de Charcuterie Shareable</i> ☹	\$23.00
prosciutto, ham, duck moussé point, prosciutto, and dried sausage served with cornichons	
<i>Croque Monsieur</i>	\$16.75
toasted bread with ham and melted Swiss cheese	
<i>Croque Madame</i>	\$19.05
toasted bread with ham and melted Swiss cheese topped with an egg sunny-side-up	
<i>Croque La Vie</i> ☹	\$19.75
toasted bread with eggplant, tomato, Swiss cheese, roasted bell pepper, avocado, fresh spinach, and Brie	



All of our Breads, Viennoiseries, and Desserts
are made daily, from scratch, in our bakery.

cestlaviesarasota.com

1553 Main Street, Downtown Sarasota 34236
9118 Town Center Parkway, Lakewood Ranch 34202

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Savory Crêpes

Choice of Flour: buckwheat ☉ or white flour crêpe

Choice of Side: garden salad, diced potatoes, or cup of soup	
<i>Swiss Cheese</i> ☹	\$12.50
<i>Swiss Cheese and Ham</i>	\$14.00
<i>Swiss Cheese and Bacon</i>	\$14.25
<i>Swiss Cheese, Ham, Mushroom</i>	\$15.50
<i>Swiss Cheese, Bacon, Mushroom</i>	\$15.75
<i>Méridionale</i> Swiss cheese, leek, and tomato ☹	\$15.75
<i>St. Tropez</i> bell pepper, tomato, onion, olive oil, and basil ☹	\$15.75
<i>Complète</i> Swiss cheese, ham, and an over easy egg	\$16.50
<i>Paysanne</i> Swiss cheese, bacon, potato, and an over easy egg	\$17.95
<i>Campagnarde</i> sausage, bacon, and mushrooms in a cream sauce	\$17.95
<i>Basquaise</i> chicken in a bell pepper-tomato-onion sauce with Swiss cheese and basil	\$17.95
<i>Forestière</i> bacon, mushrooms, and onion in a cream sauce	\$17.95
<i>Poularde</i> chicken and mushrooms in a cream sauce	\$17.95
<i>Norvégienne</i> smoked salmon in a bell pepper, tomato, and onion sauce with goat cheese	\$19.30
<i>Normande</i> caramelized onions and apple, Brie cheese, and walnut ☹	\$19.00
<i>Savoyarde</i> potatoes, prosciutto, cream, and melted Raclette cheese	\$19.00
<i>Landaise</i> spinach, goat cheese, tomato, and walnut in a cream sauce ☹	\$19.00
<i>Napolitaine</i> tomato, mozzarella, pesto, and prosciutto	\$18.50

Sweet Crêpes

topped with powdered sugar

<i>Crêpe au Sucre</i> butter and sugar	\$6.95
<i>Crêpe au Citron</i> lemon cream and sugar	\$8.50
<i>Crêpe à l'Orange</i> orange blossom cream and sugar	\$8.50
<i>Crêpe à la Confiture</i> strawberry, raspberry, or apricot jam	\$8.50
<i>Crêpe Nutella</i>	\$10.00
<i>Crêpe Coco-Banane</i> Nutella, banana, and coconut	\$12.50
<i>Crêpe Dulce de Leche</i> Dulce de leche, banana, and sliced almonds	\$12.50
<i>Crêpe Truffle</i> Maple syrup, banana, and coconut	\$12.50
<i>Crêpe aux Pommes</i> caramelized apple, honey, and sliced almonds	\$12.50
<i>Crêpe Gourmande</i> Nutella, strawberry, banana, and whipped cream	\$13.75

Additional toppings \$1.30 each: banana, coconut, strawberry, whipped cream, sliced almonds, Nutella, Maple Syrup, jam and Dulce de Leche

Desserts

Take a look at our pastry case, below are just some of your favorites!

Napoléon layers of flaky puff pastry with vanilla pastry cream topped with powdered sugar
Eclair puff pastry filled with house-made custard and topped with icing, available in coffee, chocolate, and vanilla
Opéra coffee mousse and dark chocolate ganache
Sunlight raspberry and passion fruit mousse on a thin sponge cake
Tarte Madame Italian meringue mixed with pastry cream on a raspberry coulis
Royal chocolate mousse cake on a feuilletine praliné with an almond biscuit
Fresh Fruit Tarts sugar dough filled with pastry cream and topped with fresh fruit
Three Chocolate Mousse Cake, Dark Chocolate Mousse with orange coulis ☉
Black Forest layers of chocolate cake and Bavarian mousse with sour cherries and whipped cream ☉
Macarons large selection of house-made flavors ☉

Most of our house-made desserts are available in a larger size, as whole cakes and tarts.

Catering & Wholesale Bakery

Personalized and assorted wedding / birthday cakes available. We specialize in French-inspired platters and buffets and can host in-house group events. Our commercial bakery provides the highest quality French bread, pastries, desserts, and more.

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